



GENERATIONS for GARFIELD

A Community for All Ages
An Age-Friendly Initiative

FRAUD ALERT!



Buyer Beware: *DO NOT* use 'green dot' cards to make payments to the IRS or any other government agency. These agencies will *never* call you to solicit funds & do not accept green dot cards as a method of payment.

Generations for Garfield
Division of Community Affairs
Garfield Police Department
160 Belmont Ave
Garfield, NJ 07026
www.Generations4Garfield.org
Edited by NYU SoM NIEHS Center CEC

Table of Contents

Letter from Mayor	Page 3
Events Calendar.....	Page 4-5
Community & Health News	Page 6
News & Events.....	Page 8

Celebrating Our 40th Year



**WALLACE
REAL ESTATE**
LIC. REAL ESTATE BROKER

We not only work here, we live here too!

**Sales, Rentals &
Custom Home Builders**

MEMBER NJ MS & GARDEN STATE MLS

973-478-3400

393 Outwater Avenue, Garfield • markwallace52@yahoo.com

HYDRAPOL LLC
RESIDENTIAL / COMMERCIAL



**PLUMBING
AND HEATING
FRENCH
DRAIN EXPERT**
973-699-2889

Henryk Brzyek
152 Belmont Ave., Garfield
Hydrapol@aol.com

LIC#12689

**A&C
AUTO INC.**



740 River Drive | Garfield
973-772-1195
All Insurances Are Accepted

**HI-TECH
ELECTRICAL & MECHANICAL
SERVICES, LLC**



RESIDENTIAL & COMMERCIAL


- All Types Of Electrical Work
- Heating and Cooling
- Installation and Maintenance

973-896-4043


JANUSZ SOLTYS - OWNER
152 BELMONT AVE., GARFIELD
HVAC LICENSE. #544 • ELECTRICAL LICENSE. #15764
HOME IMPROVEMENT LICENSE #13VH05835800

**FREE
AD DESIGN
WITH PURCHASE
OF THIS SPACE.**
- 800-477-4574 -

*Congratulations on Garfield's
Community Newsletter
"Generations for Garfield"*



**Richard "Riggs"
Rigoglioso**



MAYOR

111 Outwater Lane, Garfield, NJ
rrigoglioso@garfieldnj.org
City Hall 973-340-2439
Cell 973-517-0854 • Fax 973-340-5183

LPi

**WE'RE HIRING
AD SALES EXECUTIVES**



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT
careers@4LPi.com • www.4LPi.com/careers



Thomas J. Duch
Attorney at Law

201-794-7234
550 Mola Boulevard • Elmwood Park
TJDESQ@aol.com

ACT
SECURITY SERVICES LLC

Your one stop shop for your home security and automation needs!

Jozef Krzysik
(877) 772-0061
info@alarmtech.com • www.alarmtech.com

➤ Reach the Senior Market
ADVERTISE HERE



CONTACT

Contact Susanne Carpenter to place an ad today! scarpenter@lpiseniors.com or (800) 477-4574 x6348

the Y
YMCA

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**



**FREE GUEST
PASS WITH
THIS AD**

to a fitness class,
swim, or workout.
ONE TIME USE ONLY.

**THE Y IS FOR
EVERY BODY**

Visit one of our two Garfield locations:
33 Outwater Lane 2nd Floor
490 Midland Avenue
Call 973-928-2970 for more information
or visit www.garfieldymca.com

LETTER FROM THE MAYOR

I hope everyone has had a wonderful start to 2019. As the members of the city council and I look ahead to the new year, one of our top priorities is to develop the beginning phases of the River Road Park Project from Passaic Street to Monroe Street.

There are so many great things happening in our community, and I know I speak for both myself and my fellow council members in stating that we are looking forward to another year of working together with the community to move Garfield forward in every respect.

As we begin the new year, I would like to remind everyone that we live in a safe and family-friendly community, but unfortunately, Garfield has been the recipient of some negative press over the last month regarding crimes near the areas that are being considered for redevelopment. Let me assure you that we will continue our forward progress in 2019 and maintain our focus to making Garfield a community that others will become envious of. Indeed, much has changed over the years, and yet much remains the same. The City Council and I continue to focus, first and foremost, on the City's fiscal health. Every decision we make is done-so in the spirit of improving our city and strengthening our community to protect and enhance the quality of life for our residents.

Keeping the aforementioned in mind, I'm excited at the prospects of what's to come in the year ahead. The coming year has the makings of being very special for Garfield. Several noteworthy developments will be underway. The launching of a new city website will be a much-needed upgrade that will provide a more efficient and effective method of communication with residents. We also have plans in place for redevelopment projects on residentially owned properties that may help spark interest along Passaic Street.

The new services implemented by the Garfield Police Department's Parking Authority will be kicked off in April. Everything will now be transferred over to a fully electronic format, which will make it easier to alleviate overnight parking issues by non-residents of Garfield, as well as tackling the illegal apartment situations in Garfield. Please keep checking in to our new website for information regarding the many services, the upcoming app, and the official kick-off date.

We will be working on our budget soon and every year our expenses like pension payments and health insurance premiums rise significantly, rest assure that our council and city manager will focus on our municipal budget, by setting goals and objectives to improve our City. We will continue to advocate for ways to run our city government in a more cost-effective manner instead of continuing to put an undue burden on the Garfield taxpayers.

Lastly, The Garfield Events Committee is planning events and activities for our residents throughout the upcoming year, such as concerts in the park, street fairs, firework shows, parades, etc. Now I am sure you all have your own fond memories of events from the past, but as we navigate through this upcoming year, let's be sure to continue creating new and prosperous memories for you and your families.

Edit from Last Month's Newsletter

I would be remiss if I didn't congratulate Sgt. Marc Amos on his well-deserved promotion on becoming a Sargent in the Garfield Police Department. His name was accidentally left off the list of the other promoted Garfield Police Department members last month. Congratulations!

Garfield Mayor
Richard "Riggs" Rigoglioso

FEBRUARY EVENTS

Sunday	Monday	Tuesday	Wednesday
			
3	4	5	6
 Adult Flu shots are still available at the Garfield Health Dept. By Appt only. While supplies last. Call 973-340-3340 for an appt	Monday-Friday: Generations for Garfield Walking Club: Check-in at the Garfield Health Dept, 60 Elizabeth St, 9-3 pm 7:00pm Redevelopment Agency, Garfield City Hall	9:00-11:00 am Health Counseling/Blood Pressure Screening, Garfield Health Dept, 60 Elizabeth St.	
10	11	12	13
	Monday-Friday: Generations for Garfield Walking Club: Check-in at the Garfield Health Dept, 60 Elizabeth St, 9-3 pm	9:00-11:00 am Health Counseling/Blood Pressure Screening, GHD, 60 Elizabeth St. 5:30pm Family Story Time, Garfield Library 6:00pm City Council Meeting, City Hall	
17	18	19	20
	President's Day	9:00-11:00 am Health Counseling/Blood Pressure Screening, GHD, 60 Elizabeth St 5:30pm Family Story Time, Garfield Library	
24	25	26	27
	Monday-Friday: G4G, Walking Club: Check-in at the GHD, 60 Elizabeth St, 9-3 p.m 1:00 pm SNAP Ed Cooking Matters, Golden Tower, 225 Midland Ave 7:00pm Zoning Board of Adjustment, City Hall.	9:00-11:00 am Health Counseling/Blood Pressure Screening, Garfield Health Dept, 60 Elizabeth St 5:30pm Family Story Time, Garfield Library 6:00pm City Council Meeting	

SUPPORT THE ADVERTISERS THAT SUPPORT OUR COMMUNITY



EVENT CALENDAR			
Wednesday	Thursday	Friday	Saturday
		1	2
	7	8	9
	<p>February 7th & 14th: FREE A1c & lipid screening at the Garfield Health Dept. <i>By Appointment only.</i> Call 973-340-3340 for more information.</p>	 <p><i>Are you or someone you know turning 100 in 2019?</i> We want to celebrate Garfield's Centenarians! Email Sgt Stewart @ jstewart@garfieldpolice.org so we can include your special day in an upcoming newsletter.</p>	
	14	15	16
	<p>Valentine's Day 10:00 am Tiny Tots Story Time, Garfield Library 12:00-1:00 pm Garfield Prevention Coalition Mtg, Garfield YMCA, 33 Outwater Ln.</p>		<p><i>Include your community event on next month's calendar! Email the name, date, location & time of your event to Sgt. Jeff Stewart @ jstewart@garfieldpolice.org.</i></p>
	21	22	23
	<p>10:00 am Tiny Tots Story Time, Garfield Library</p>		
	28		
	<p>10:00 am Tiny Tots Story Time, Garfield Library 8:00pm Garfield Planning Board, City Hall</p>		

SUPPORT THE ADVERTISERS THAT SUPPORT OUR COMMUNITY



HEALTH & COMMUNITY NEWS



Hackensack
Meridian Health
Hackensack University
Medical Center



Prevent Type 2 Diabetes Free Program

Free Screening and Information Session

Join us and prevent Type 2 Diabetes! This is a free, yearlong program designed for people with prediabetes and people who are at high risk for Type 2 diabetes and want to lower their risk. Program is a series of fun and educational workshops!

Location:

Garfield Health Department
60 Elizabeth Street, Garfield , New Jersey

Date: February 7 or 14, 2019 9:30am – 11:30 am

Free screening includes blood chemistry screening for cholesterol levels, A1C, blood pressure and body composition.

Registration required:

Garfield Health Department 973-340-3340

This program is a collaboration between Hackensack University Medical Center and the Garfield Health Department

City of Garfield Diabetes Prevention

CDC Prevent T2

**SKIP THE LONG LINES AT THE ER!
NO INSURANCE NEEDED!**

**OPEN 7 DAYS A WEEK
365 DAYS, EVERY DAY!**



**GRAND
OPENING**



URGENT CARE

We provide fast, accurate and reliable treatment to patients with urgent & primary care needs.

ENT • Immunization

Minor Injuries • Body Aches
Flu Shots • Physicals • X-Rays
Allergy Testing & Treatment

Hours: Mon-Fri 8am-8pm

Sat 8am-6pm • Sun 9am-5pm



**Complete
Physical
Assessment**

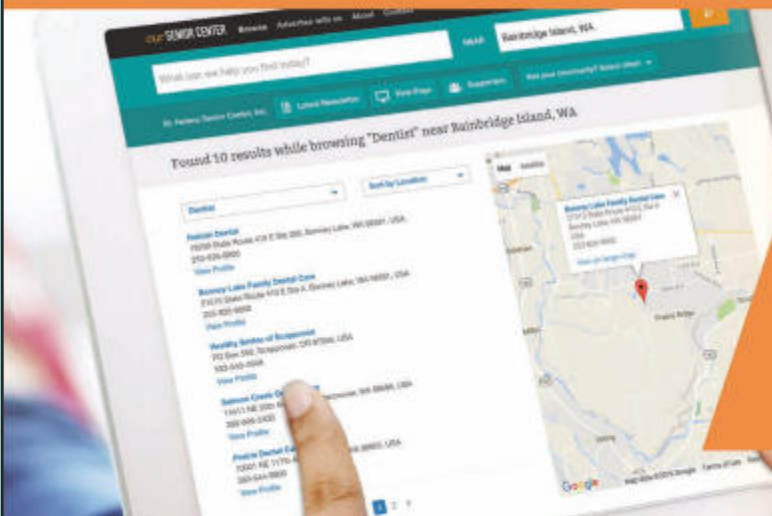
\$50 Reg. \$100
Only

Labwork & vaccines additional if necessary. Not to be combined with any other offers.

862-295-3501 • 210 Passiac St., Garfield, NJ 07026 • www.urgentcaregarfield.com

our SENIOR CENTER

A convenient source for local services



FIND AN ADVERTISER NEAR YOU

**SEARCH SUPPORTERS
OF OUR CENTER**
to find trusted services
in our area!

Sign up to have our newsletter emailed to you! ourseniorcenter.com



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4pi.com

Garfield Police Department-Community Affairs 06-5306

NEWS & EVENTS



GARFIELD
PREVENTION
COALITION

EPIC
EMPOWER PEERS • INSPIRE CHANGE



By Kathi Viola

February is the month that includes Valentine's Day, a day to celebrate love. Love comes in many forms to be shared with family, friends, pets and our community. This is a quote from a Garfield High School student who was asked what her participation in the EPIC youth group means to her. It turned into a small love letter for Garfield, her city.

"EPIC is like another family to me. I have this amazing group of people who are part of my community in which I'm overjoyed to share my life with. EPIC affects my life just as much as it affects my community. We are here to spread awareness throughout our city through events that bring people together, including our own members. Without EPIC I wouldn't have been able to help my community as much. We are more than just a youth run organization that lives in Garfield, we are a youth group that encourages others to improve the city we live in one step at a time." Gabby I. age 16, EPIC Member

EPIC, which stands for "Empower Peers, Inspire Change" is a youth-led non-profit organization whose mission is to stop underage drinking and drug use in their community. They do this through educational events for peers, family and the community with teaching skills like "natural highs." They want to lower the norms of substance use among teens and increase positive youth engagement in their community. The impact created by 45 8th to 12th grade members who take a pledge to remain alcohol, tobacco/nicotine and drug free, and take this commitment seriously is enormous.

Thank you EPIC for sharing your love of Garfield and your passion for keeping your peers and community safe. You truly are EPIC, in every sense of the word.

EYECAM

Garfield Police Department
Private Sector Camera Initiative



The Private Sector Initiative links Garfield organizations, companies, residences and sister agencies' camera systems into the Garfield

Police Department's state-of-the-art video surveillance network.

These cameras provide the GPD additional points of contact throughout the city that can be accessed during an in-progress or emergency situation.

For more information on Private Sector Cameras, please contact the Garfield Police EyeCam Project Office at 973-478-8500.

***Please join us in helping to make
Garfield a safer place.***



Mayor Richard Rigoglioso: Rrigoglioso@garfieldnj.org

Deputy Mayor Joseph Delaney: jdelaney@garfieldnj.org

Councilwoman Erin Delaney: Edelaney@garfieldnj.org

Councilman Frank Calandriello: fcalandriello@garfieldnj.org

Councilman Louis Aloia: laloia@garfieldnj.org

City Manager Thomas Duch: tduch@garfieldnj.org

***Thank you to Mayor Richard Rigoglioso, the entire City Council & City Manager Tom Duch
for their support!***